



CANADIAN NURSES ASSOCIATION CERTIFICATION EXAM FOR NEONATAL NURSING

SUGGESTED STUDY TIMELINE (DEVELOPED BY THE CANADIAN ASSOCIATION OF NEONATAL NURSES)

[Click here to refer to the CNA Blueprint and Specialty Competencies for the Neonatal Nursing Certification Exam](#)

COMPETENCY ADDRESSED		Week 1	Week 2	Week 3	Week 4	Week 5	Week 6	Week 7	Week 8	Week 9	Week 10	Week 11	Week 12	Week 13	Week 14	Week 15	Week 16
COMPETENCY 1: ASSESSMENT (15-25%)																	
1.1 Maternal Factors Affecting Neonatal Outcomes	1.1 a, b																
1.2 Physical & Gestational Age Assessment	1.2 a, b, c, d																
COMPETENCY 2: FOUNDATIONS OF CARE (30-40%)																	
2.1 Resuscitation	2.1 a, b, c																
2.2 Thermoregulation	2.2 a, b, c, d																
2.3 Fluids & Electrolytes	2.3 a, b, c, d																
2.4 Pharmacologic Principles & Drug Therapies	2.4 a, b, c																
2.5 Nutrition & Feeding	2.5 a, b, c, d, e, f, g, h																
2.6 Developmental Care	2.6 a, b, c, d, e																
COMPETENCY 3: PHYSIOLOGY & PATHOPHYSIOLOGY (30-40%)																	
3.1 Neurologic System	3.1 a, b, c, d																
3.2 Cardiovascular System	3.2 a, b, c																
3.3 Respiratory System	3.3 a, b, c, d																
3.4 Gastrointestinal System	3.4 a, b, c																
3.5 Genitourinary System	3.5 a, b, c																
3.6 Hematologic System	3.6 a, b, c, d																
3.7 Immune System	3.7 a, b, c, d																
3.8 Metabolic/Endocrine System	3.8 a, b, c, d																
3.9 Musculoskeletal System	3.9 a, b, c																
3.10 Integumentary System	3.10 a, b, c, d																
3.11 Genetics	3.11 a, b, c, d																
COMPETENCY 4: FAMILY INTEGRATION (3-7%)																	
4.1 Family-Centered Care	4.1 a, b, c																
4.2 Discharge Planning & Follow-up	4.2 a, b																
4.3 Loss & Grief	4.3 a, b, c, d																
COMPETENCY 5: PROFESSIONALISM (3-7%)																	
5.1 Professional Practice	5.1 a, b, c, d																
5.2 Quality & Evidence-Based Practice	5.2 a																
5.3 Patient Safety	5.3 a, b, c																
5.4 Ethics	5.4 a, b																
5.5 Research	5.5 a, b, c																